

From the Heart & Mind of George J Morse, Master Coach
<http://www.coachmorse.com>

Afraid

Afraid of what I feel,
 Afraid to let it grow,
 Afraid it isn't real,
 Afraid to let it show.

Afraid of wanting more,
 Afraid of having less,
 Afraid to open up the door,
 Afraid of fearlessness.

Afraid to speak, the words unspoken,
 Afraid to hear the truth,
 Afraid to have a heart that's broken,
 Afraid to be uncouth.

 Afraid of caring,
 Afraid of giving,
 Afraid of sharing,
 Afraid of living.

 Afraid of feeling, once again,
 Afraid the wounds will never heal,
 Afraid of crying, now and then,
 Afraid of what is real.

 Afraid to show my love for you,
 Afraid to let you know,
 Afraid to feel you love me too,
 Afraid to let you go.